



I AM PROUD TO SAY I AM THE REASON FOR OTHERS' CHANGE

From Tirupur Cluster

Jyothi, has studied till 10th grade & has also completed her PGDCA successfully, she has been in the city of Tirupur right from her birth and has been brought up by her parents, until at the age of 13 she had to lose her mother to blood cancer. She also lost her brother to suicide after few years. Her father had to remarry on her grandmother's advice to Jyothi's mother's sister.

Soon her father grew up to be an alcoholic. Coming from a disturbed family background receiving care has been a forbidden need.

Jyothi was soon married off at the age of 25 years to a person who took care of her. Jyothi's husband works at a factory as a knitter, she has one daughter who is currently studying in 10th standard.

Jyothi has been working in one of the LMG factories as a production coordinator, she derives much joy from her work. When she got pregnant with another baby she soon was diagnosed with hypothyroidism. During her recovery period she continued to work as a teacher and picked up computer skills. Soon after she rejoined the previous factory and was chosen as a wellness facilitator under the Swasti flagship program Invest for Wellness.

As a wellness facilitator for the factories she received training on risk assessment for high burden conditions, importance of preventive health education & financial literacy, social protection schemes and on water and sanitation practices.

Through her work she has been able to empower and impact other's life by bridging the gap between care and need.





During an interaction with Jyothi she expressed that it gives her immense pleasure in extending support to the ones in need and makes her feel good about herself that she is able to influence others life positively in volumes. She shared that these interactions and knowledge sharing helps us with gaining new insights on various subjects and she applies them in her daily living for herself and her family.

She says, "I am fulfilled to do the role of WF, I am the reason for changing others, I never knew about the SP scheme so far, no financial handling from my end. But by being part of this program I am able to use an ATM card. And I am able to impart the same knowledge to other women, which empowers us. I am there to take care of the workers. And it is a very fulfilling feeling to experience. Very few workers are aware of the insurance services and others, because of these interventions we are able to provide them the much needed help.."

These numerous stories and voices from the field hold the true essence of the program and the change it strives to bring.

Being from a family that has suffered loss and hardships Jyothi's take on her purpose to serve is a resilient act that serves as an inspiration for millions on the way.

